P	Start of route	0.2	0.0
	Enter bike trail from parking lot.	0.2	0.2
←	L at fork towards bridge.	1.6	0.4
←	L onto road.	1.7	2.0
←	L towards Ontario Science Centre.	0.4	3.7
1	Continue onto Gateway Blvd	0.2	4.2
←	L onto Grenoble Dr	0.4	4.4
←	L onto Deauville Ln	0.5	4.8
\rightarrow	R onto Linkwood Ln	0.0	5.3
→	R onto St Dennis Dr	0.6	5.3
←	Slight L to stay on St Dennis Dr	0.1	5.9
1	Continue onto Wynford Dr	0.5	6.0
→	R onto Wynford Heights Crescent	1.3	6.5
←	L to stay on E Don Trail	0.7	7.8
\rightarrow	R at Moccasin Trail	0.2	8.5
→	R towards field	0.0	8.7

8.7 kilometers. +71/-73 meters

←	L onto Bond Ave	0.4	13.0
\rightarrow	R onto Charnwood Rd	0.4	13.3
←	L onto Southwell Dr	0.2	13.7
1	Continue onto Denlow Blvd	0.6	13.8
\rightarrow	R onto Bramble Dr	0.2	14.4
\rightarrow	R onto Barrydale Crescent	0.5	14.6
1	Continue onto Ames Cir	0.4	15.1
←	L onto Ames Gate	0.1	15.5
\rightarrow	R onto Chipstead Rd	0.2	15.6
1	Continue onto Banbury Rd	0.7	15.7
←	L onto path between houses with light pole at entrance.	0.1	16.5
1	Continue onto Norlington Dr	0.1	16.6
←	L onto Farrington Dr	0.3	16.7
→	R onto Vernham Ave	0.3	17.0
\rightarrow	R onto Harrison Rd	0.5	17.3
→	Slight R onto Forest Heights Blvd	0.1	17.8

\rightarrow	R onto path	0.1	8.7
←	L onto Plateau Crescent	0.2	8.7
←	L to stay on Plateau Crescent	0.1	9.0
←	L onto Greenland Rd	0.2	9.1
\rightarrow	R onto The Donway E	0.6	9.3
→	R onto Briarfield Dr	0.3	9.9
→	R onto Broadleaf Rd	0.2	10.2
←	L onto Limewood St	0.1	10.4
←	L onto Mallow Rd	0.4	10.4
\rightarrow	R onto path.	0.4	10.8
\rightarrow	R at first path intersection.	0.1	11.2
\rightarrow	R onto path.	0.2	11.3
←	L through field.	0.0	11.4
←	L at path fork.	0.4	11.5
1	Continue across Duncairn Rd.	0.0	11.9
→	R after entering park entrance.	0.2	12.0
\rightarrow	R at fork in the path.	0.2	12.1
→	R onto Leaside Spur Trail.	0.6	12.3
←	L toward Bond Ave	0.0	13.0

4.3 kilometers. +23/-23 meters

→	Mount sidewalk, and R onto path towards Harrison Park. (looks like a sidewalk).	0.2	17.9
\rightarrow	R onto Truman Rd	0.2	18.0
←	L onto Northdale Rd	0.5	18.2
←	L onto Gerald St	0.7	18.7
\rightarrow	R onto Berkindale Dr	0.6	19.5
←	L onto Heathcote Ave	0.2	20.1
\rightarrow	R onto Rollscourt Dr	0.4	20.3
←	L onto Harrison Rd	0.2	20.6
\rightarrow	R onto Colvestone Rd	0.1	20.8
→	R onto path that's on sports field.	0.2	20.9
1	Continue straight across York Mills Rd to Sandfield Rd.	0.8	21.1
1	Continue onto Penwood Crescent	0.2	22.0
\rightarrow	R onto path	0.0	22.2
\rightarrow	R onto path.	0.0	22.2
←	L at path	0.3	22.3

4.7 kilometers. +10/-25 meters

22.5

R onto Banbury Rd

